

## E. DBS Regulations, Types of Check Levels and Regulated Activity

### Types of DBS Checks

Check Type	Information returned
Standard	This check is for spent and unspent convictions, cautions, reprimands and final warnings in accordance with filtering rules.
Enhanced DBS	Enhanced checks include the same information as the standard check plus any additional information held by local police that's reasonably considered relevant to the role being applied for.
Enhanced DBS including Barred Lists check	Includes the same information as the enhanced check, plus checks if the individual is barred from working in certain activities (known as regulated activity) which involve children and / or adults.
DBS Adult First	This checks the individual against the adults barred list. This is an interim check which does not provide any information on criminal convictions. To be used in exceptional circumstances.

### Regulated Activity

There are 2 barred lists – one relating to people barred from working with children and one relating to people barred from working with adults. In some circumstances a check of both barred lists will be required. It is a criminal offence for an individual to work (either paid or as a volunteer) in a 'Regulated Activity' whilst being barred from working with children and/or adults. It is also an offence to knowingly allow someone to engage in regulated activity whilst barred.

The full, legal definition of regulated activity is set out in Schedule 4 of the Safeguarding Vulnerable Groups Act 2006, as amended (in particular, by the Protection of Freedoms Act 2012). Regulated activity still excludes family arrangements, and personal, non-commercial arrangements.

Further clarity about the definition of regulated activity can be found in the guidance documents below:

- [Regulated Activity with Children \(Department of Education\)](#)
- [Regulated Activity with Adults \(Department of Health\)](#)

The guide to eligibility document produced by the DBS is available at <https://www.gov.uk/government/publications/dbs-check-eligible-positions-guidance>