

Fire safety in the home

Keeping you safe from fire,
while you stay safe at home.



In the kitchen

- ▶ DON'T leave pans unattended while cooking and NEVER leave children and pets in the kitchen alone.
- ▶ Keep cooking areas clear from combustible items like tea towels, oven gloves and food packaging.
- ▶ Clean your oven and grill regularly. A build up of fat or grease can cause a fire.
- ▶ Ditch the chip pan.



Electrical items

- ▶ Check your electrical appliances are in good working order. If the wires are frayed or damaged, don't use them.
- ▶ DON'T leave washing machines, tumble dryers or dishwashers running overnight.

Smoke alarms

- ▶ Smoke alarms save lives, but only if they're working. You should have AT LEAST ONE smoke alarm on every level of your home.
- ▶ You should test your smoke alarms at least monthly.

One socket = one plug

- ▶ Don't overload your plug sockets. Appliances such as washing machines should have a single plug to themselves as they are high powered.



Heaters

- ▶ Heaters should be kept well away from clothes, curtains, furniture and other flammable materials.
- ▶ NEVER use heaters to dry clothes.
- ▶ Make sure they're switched off and unplugged before you go to bed.

Making Cumbria a safer place for all



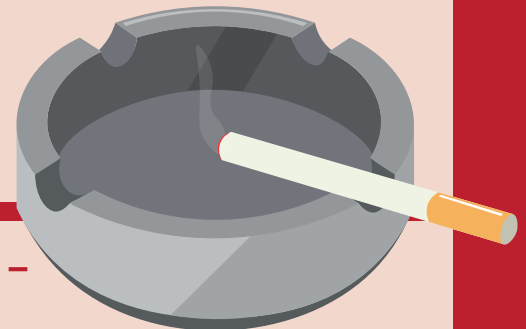
Escape Routes

- ▶ Plan an escape route and make sure everyone in the home knows how to escape.
- ▶ Keep exits clear from clutter and obstructions.
- ▶ Keep your door and window keys in a known and accessible place.
- ▶ Think of a second escape route in case the first one is blocked.
- ▶ If you have an emergency pendant, make sure you wear it and have it close by at any bedtime.



Candles

- ▶ Candles should never be left unattended when lit and should be fully extinguished before you leave the room or go to bed.
- ▶ Keep candles away from flammable items like curtains, furniture, bedding, clothing or books. Consider using LED battery operated candles instead.



Put it out – right out

- ▶ NEVER smoke in bed.
- ▶ Take extra care if you smoke when tired, taking prescription drugs that make you feel drowsy or have been drinking.
- ▶ Be sure to use a proper ashtray that can't tip over.
- ▶ Be careful if you smoke and use emollient creams – they can soak into clothing, bedding and dressings leaving a flammable residue.



Please scan here to carry out a home safety check

 **Remember, in the event of a fire, GET OUT, STAY OUT, CALL 999.** 

If you don't have working smoke alarms, please contact Cumbria Fire and Rescue Service for advice by calling **0800 358 4777** or visiting **www.cumbriafire.gov.uk/safety-home**

Making Cumbria a safer place for all

