



CFRS Weekly Update – 19/6/26

Weekly Update – At a Glance

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**** Please note that the above information should be shared with all staff on parade.**

Detailed information for each of these headlines can be found below.



Risk Critical / Operational

Station zoning explained

You may have noticed the new zone signage being installed around service buildings and I wanted to provide some background on what this does and does not mean for these areas.

Zones are defined by activity, not by assumed contamination levels. All areas are considered clean – zoning is simply a way to help us keep them that way.

Red zones do not always present a contamination risk, staff and visitors should not feel that it is unsafe to enter these areas. This depends on the activities taking place within that zone at any given time.

Where decontamination procedures and equipment are used appropriately during and after incidents, and station equipment/areas are cleaned down after use, red zones will remain safe for community safety events and everyday activities.

If you have any questions, then please don't hesitate to contact me by emailing Tony.Paterson@cumbriafire.gov.uk

Tony Paterson

Group Manager – Technical and Fleet Services

Windermere Fire Station Paxton System

A Paxton System has been installed for the doors at Windermere Fire Station and is due to go live on **Wednesday 25 June**.

This will mean that you will only be able to access the station via your Cumbria Fire & Rescue Service ID badge.

If you have lost your ID badge or the expiry date has passed, please inform BusinessSupport@cumbriafire.gov.uk who will issue you with a new ID card.

Jane Walker

Business Support Team Leader

Drowning Prevention Week

This week the service has participated in Drowning Prevention Week, an annual campaign organised by the Royal Life Saving Society designed to educate children and young adults in water safety and lifesaving skills.

Our team joined Westmorland & Furness Council, GLL, North West Ambulance Service, and local community responders for a free event focused on water safety at Jenkins Field, Glenridding.



You can read more about the event here: [**Public learns life-saving skills for a water emergency | Cumbria Fire & Rescue Service**](#)

Elsewhere in the county, crews in Carlisle spent time at The Sands Centre sharing water safety advice, handing out posters with key guidance to raise awareness of water safety in our community.

Keswick Fire Station attended Keswick School's boarding house to talk to the pupils about water safety, discussing how to keep yourself safe when out and about in the Lakes regarding paddleboarding and open water swimming, as well as

demonstrating throw bag techniques with the chance for the young people to have a go themselves.



Thank you to everyone who has supported water safety messaging in some way, both this week and throughout the year – your efforts are hugely appreciated and making a real impact. It's so important that we continue to share those key messages of 'Float to Live' and 'Phone, Float, Throw'.

North West Regional Tactical Firefighting Challenge



We are excited to invite you to participate in the upcoming second NW Regional Tactical Firefighting Challenge! This event is designed to bring together the best firefighting teams from across the region to showcase their skills, share knowledge, and foster camaraderie.

Date: Friday 10 July 2026

Time: ALL DAY including evening event

Location: Merseyside Fire & Rescue Service Training Centre

Registration deadline: Friday 26 June 2026

Teams will compete in realistic firefighting scenarios to test their tactical skills and teamwork as a crew of five. We are looking for the following:

- ▶ Incident Commander (must hold ICL 1 qualification OR working towards)
- ▶ Driver/pump operator
- ▶ BA Entry Control Operative
- ▶ 2x BA wearers

Learn from industry experts about the latest techniques and technologies in firefighting, connect with fellow firefighters and industry professionals, and attend a regional evening event held at Aintree Racecourse. Expenses paid, food and refreshments provided to all attending including three-course evening meal and accommodation for the Thursday and Friday night.

We will be holding a training session for the chosen team to represent us and showcase our service on this regional stage.

In addition to the five-person competing team, CFRS has further spaces available for personnel wishing to attend the event. Interest will be on a first-come, first-serve basis for this fantastic opportunity.

I look forward to hearing from you.

Please register your interest OR if you would like further information, please contact either Station Manager Tom Harding (tom.harding@cumbriafire.gov.uk) or Watch Manager Tom Jermy (thomas.jermy@cumbriafire.gov.uk)

Tom Harding

Station Manager – Learning & Development

Support research into firefighters thriving at work

I am currently undertaking a Master's degree in Sport and Exercise Psychology at the University of Staffordshire and am conducting a research study looking at factors that contribute to firefighters thriving at work, including resilience, work engagement, and leadership.

I would be very grateful if you would consider taking part in a short anonymous survey, which should take approximately 10–15 minutes to complete and can be done on a phone or computer at any time convenient to you. Participation is entirely voluntary, and the research aims to help improve understanding of how firefighters can be better supported in terms of wellbeing, engagement, and performance within the fire service.

If you are willing to take part, please follow the link, or scan the QR code:

https://staffordshire.qualtrics.com/jfe/form/SV_1QQhY3z9PI6EsCi



Holly Andrews

MSc Sport and Exercise Psychology Student, University of Staffordshire



Vacancies

Fire Protection Coordinator x2

Salary: £26,403–£26,824 pro rata

Locations: Countywide

Hours: 37 hours per week

Contract: Permanent x2

Closing Date: 11.59pm, Sunday 12 July 2026

Interviews: Tuesday 28 July 2026 at Carlisle East Fire Station

For more information: <https://www.cumbriafire.gov.uk/cfrs0179-fire-protection-coordinators-x2>

Ad Hoc Support – Technical and Fleet Services

We are seeking flexible and reliable personnel to provide ad hoc support to our Technical and Fleet Services team as and when required. This opportunity is ideal for individuals who can assist on a short-notice or project basis, supporting a range of operational and logistical activities.

Support may include (but is not limited to):

- ▶ PPE replacement programme – assisting with data collection and distribution
- ▶ Stores operations – picking, packing, and organisation of equipment and materials
- ▶ Appliance changeovers – helping with preparation, movement, and equipment changeover
- ▶ Project support – contributing to future technical and fleet-related initiatives

What we're looking for:

- ▶ Flexible and dependable individuals
- ▶ Good organisational and practical skills
- ▶ Ability to work as part of a team or independently
- ▶ A proactive approach and willingness to assist across varied tasks

Work will be offered on an ad hoc basis, depending on need, hours and duration will vary depending on the task or project. Full guidance and task-specific instructions will be provided at the time

If you are interested in supporting Technical and Fleet Services on an ad hoc basis, please register your interest with Station Manager Jonny Wills on 07879117506 or email Jonathan.Wills@cumbriafire.gov.uk. Please include your name, station, and if you can drive appliances. You will then be added to the pool where requests for assistance will be made.

Jonny Wills



Other

Station hosts health and wellbeing engagement event in heart of community



Staveley Fire Station hosted a visit by the HARRI health and wellbeing engagement bus on Wednesday, with 15 members of the public engaging and receiving a free health check.

The event was an excellent example of successful collaboration between the service, the NHS, and Westmorland & Furness Council, with staff from Kendal Fire Station joining to help promote the event and former Watch Manager Clive Johnson, who served at the station for 50 years, also visiting.



Thank you to everyone who supported what was a brilliant community event.

Willy Watson

Station Manager – LCU 7 (Ambleside, Kendal, Kendal On-Call, Staveley, Windermere)

Empowering Managers to Support Their Teams webinar

Our upcoming masterclass event on Thursday 16 July 2026 is open for bookings and will be of interest to all public sector colleagues. This virtual session with Sarah-Jane Dale, Chief Operating Officer of Affina OD, is built around compassionate team working – practical ways for managers and senior leaders to strengthen day-to-day team conditions so that pressure is shared safely, signs of strain are noticed early, and colleagues can recover and perform well together.

Book via our website miao.nhs.uk

WEBINAR

EMPOWERING MANAGERS TO SUPPORT THEIR TEAMS

Designed specifically for senior and system level leaders who want to build confident, capable managers who can recognise, understand, and support staff experiencing burnout. Through a blend of practical tools, case studies, and proven wellbeing approaches, colleagues will discover how to create a culture where managers feel empowered to act early, have meaningful conversations, and create supportive environments where staff can recover and thrive.

Learning Outcomes

- Identify early burnout signs in individuals and teams (e.g., conflict, withdrawal, errors, fatigue).
- Apply simple, compassionate actions (check-ins and active listening).
- Build psychological safety so people speak up, seek help, and learn without blame.

Hear from our speaker:



Book Here

JUL 16
9.30AM
TO 11.30AM

SARAH-JANE DALE
COO OF AFFINA OO



Fiona Hill

Senior Internal Audit Manager, MIAA

Fire Fighters Charity: Honour a loved one's memory

Fire Fighters Charity has launched a tribute page platform where you can create a personalised space to celebrate and honour a loved one, and the impact they had.

It's simple to set up and can be a meaningful way to share memories, stories, and photos with others who cared about them.

Fire Fighters Charity

To have your news included in this section please email:

CFRS.update@cumbriafire.gov.uk

