



CFRS Weekly Update – 3/7/26

Weekly Update – At a Glance

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**** Please note that the above information should be shared with all staff on parade.**

Detailed information for each of these headlines can be found below.



Risk Critical / Operational

Contacting North West Fire Control

There has been an increase in crews and officers using the emergency line to contact North West Fire Control. Please can you ensure you have these numbers clearly saved on your phones (including your appliance phones) to ensure the emergency line is not used going forward. NWFC is monitoring this and will be reporting further misuse.

- ▶ NWFC emergency line: 01925 460823 (**must be kept free for emergency calls only**)
- ▶ NWFC admin line: 01925 460853

Most queries/issues should be reported through Operational Planning or the duty GM (out of hours) in the first instance, unless it is relating to an ongoing incident.

If you have any questions please email OpsPlanning@cumbriafire.gov.uk

Kasey Grainger

Station Manager – Operational Planning and NWFC Liaison Officer

Advice for firefighters on PFAS exposure

PFAS exposure has been an unavoidable part of firefighting over past decades, but major steps have been taken across the sector, and within CFRS, to reduce exposure and transition to safer products.

While the possible risks associated with historical exposure cannot be removed, they can be managed, and your health can be protected through good hygiene practices, PPE care, early symptom awareness, and active engagement with Occupational Health.

Please find more information in the information sheet linked below including:

- ▶ PFAS in firefighting
- ▶ What the service is doing
- ▶ Protecting your health
- ▶ What you can do

CFRS PFAS Information Sheet for Staff

Jennie Schamp

Area Manager – Head of Health and Safety

Use of AdBlue stock

Please can all crews make use of the bulk AdBlue stock available at wholetime stations rather than continuing to order individual drums.

Regular top-ups should be considered as part of routine vehicle checks to ensure levels are maintained and reduce unnecessary procurement, if levels go too low the vehicle may go into 'limp' mode.

Ordering smaller individual drums and storing on your own station should be avoided.

Technical and Fleet Services team



Vacancies

Fire Protection Inspector

Salary: £40,777–£41,771

Locations: Countywide

Hours: 37 hours per week

Contract: Permanent

Closing Date: Friday 10 July 2026, at 11.59pm

Interviews: w/c Monday 20 July 2026

For more information: [**CFRS0181 - Fire Protection Inspector | Cumbria Fire & Rescue Service**](#)

Fire Protection Advisor

Salary: £36,363–£37,280

Locations: Countywide

Hours: 37 hours per week

Contract: Permanent

Closing Date: Friday 10 July 2026

Interviews: w/c Monday 20 July 2026

For more information: [**CFRS0180 - Fire Protection Advisor | Cumbria Fire & Rescue Service**](#)

Fire Protection Coordinator x2

Salary: £26,403–£26,824

Locations: Countywide

Hours: 37 hours per week

Contract: Permanent x2

Closing Date: 11.59pm, Sunday 12 July 2026

Interviews: Tuesday 28 July 2026 at Carlisle East Fire Station

For more information: <https://www.cumbriafire.gov.uk/cfrs0179-fire-protection-coordinators-x2>



Other

Progress on works to replace Fire HQ air conditioning system

Please note air conditioning is now back up and running on the ground floor at CFRS HQ Penrith following works.

The next phase of work will involve air conditioning units being disabled across the first floor from Monday 6 July.

To mitigate the impact of this work, fans will be provided in meeting rooms. If you need help with cooling your workspace at HQ during this period, please inform BusinessSupport@cumbriafire.gov.uk

Joanne Cullen

Project Delivery Lead

Expression of Interest – UKRO Festival of Rescue 2026 (Essex)



We are pleased to invite expressions of interest to represent Cumbria Fire & Rescue Service at the UKRO Festival of Rescue 2026.

The UKRO Festival of Rescue is the premier national rescue competition, bringing together teams from across the UK to take part in high-intensity, realistic scenarios. These challenges are designed to test operational performance in areas such as vehicle extrication and trauma care, while promoting learning, innovation, and the sharing of best practice across the sector.

Date: Friday 11 September – Saturday 12 September 2026

Location: University of Essex, Colchester

Teams will compete in realistic, timed rescue scenarios that reflect the pressures and demands of real incidents. Competitors will be assessed on:

- ▶ Incident command and decision-making
- ▶ Technical rescue skills (particularly RTC extrication)
- ▶ Casualty care and trauma management
- ▶ Teamwork, communication, and operational effectiveness

We are seeking individuals who are motivated and committed to train and compete as part of a CFRS team. Selected team members will be required to:

- ▶ Attend regular training evenings in the lead-up to the event (central venues TBC)
- ▶ Commit to preparation under the direction of the designated Team Lead
- ▶ Represent CFRS professionally at a national level

There is also an opportunity for personnel to attend and support the team, and if there is sufficient interest, we will look to support attendance. If you would like to attend as a spectator, please also register your interest.

Expressions of interest should include a short supporting statement (about 200–250 words) outlining:

- ▶ Your relevant skills and experience (operational, RTC, trauma, etc.)
- ▶ Your motivation for joining the team and what you would bring to it

Please forward expressions to Kieran Moyes by Friday 17 July 2026

kieran.moyes@cumbriafire.gov.uk

This is an excellent opportunity to develop skills, learn from industry peers, and showcase CFRS on a national stage. I look forward to hearing from you.

Kieran Moyes

Station Manager – Learning and Development

Rheged Rocks returns this September

Rheged Rocks, the live music celebration of Cumbria Fire & Rescue Service which was first held in 2014, is set to make a spectacular comeback this September – and organisers Darren Elliott and Lisa Carr need your help to make it a proper celebration of our people and county!

Rheged Rocks 'II' will take place at Rheged near Penrith on Saturday 5 September and will include live music performances by people from across the service, as well as a raffle, auction, bar and food, all raising money for the Fire Fighters Charity and Great North Air Ambulance Service.

Date: Saturday 5 September

Time: 6.30pm–11pm

Tickets: On sale NOW, £20 each (which includes entry into a fabulous prize draw):
rheged.com/event/rheged-rocks-ii-lifeline

This sequel concert will be made even more special by playing out in front of a Cumbria Fire & Rescue Service film highlighting the bands and the service's people, both at work and at home, all showcased on the centre's giant 18-metre wide cinema screen. Darren and Lisa are looking for clips – work-related or not – to include in the video, which will have a special theme weaving through it as crews pass a throw line between them around the county, beginning with Kacper Krauze, who was miraculously rescued from drowning at Appleby in 2019.

To be part of the video, an example of the type of video required for the throwline section is at the end of the below video:

 [Rheged Rocks.mp4](#)

Young Firefighters programme still going strong in Coniston

Coniston Fire Station has delivered a Young Firefighters programme on an annual basis for more than 15 years, with this year being no exception.

The crew and children worked extremely hard in very warm conditions across the five days of the course. The 15 participants learned new practical skills, from firefighting to RTC and height rescue, and developed and strengthened positive personal behaviours and attributes while making new friends along the way.



I would like to personally thank the crew at Coniston for delivering the course. I would like to give a special mention to WM Ed Crisp, CM Jack Holmes, CM Jonny Hurst, FF Sue Walker (Ms Walker) and Volunteer Cadet Instructor Danny Payne, who supported all five days.



I am sure that the children will remember their week at Coniston Fire Station for many years to come and we may even see some of them look to join the Fire Service Family and on-call team at Coniston in the future.

Tom Wright

Station Manager – LCU 9 (Barrow, Broughton, Coniston, Walney)

Cumbrian firefighters make UK Fire Service Cricket Team debuts in victory



A pair of CFRS firefighters made their UK Fire Service Cricket Team debuts this week against the Army Cricket Association's Masters side.

Firefighter Kelso and Firefighter Irvine-Leach travelled to Aldershot to play the fixture on Wednesday, with the Fire side beating the Army team by 108 runs. Firefighter Kelso gained his first wicket for the side, finishing with figures of one for 21.

Appleby crew's car wash inspires community to turn out

The community came out in force to support Appleby Fire Station's charity car wash on Sunday, raising a staggering £1,156 for the Fire Fighters Charity.



Crew were grateful to JT Atkinson Builders Merchant on Crosscroft Industrial Estate for hosting the car wash, and Area Manager Jennie Schamp for joining in and helping wash some cars.

To have your news included in this section please email:

[**CFRS.update@cumbriafire.gov.uk**](mailto:CFRS.update@cumbriafire.gov.uk)

