



CFRS Weekly Update – 24/7/26

Weekly Update – At a Glance

- ▶ Driver training reminder
- ▶ Crews thanked for swift response to large fire at listed castle
- ▶ Cumbria supports Derbyshire in major wildfire response
- ▶ Community Engagement Form
- ▶ Learning opportunities from Cheshire and Greater Manchester FRSs
- ▶ Home Fire Safety Policy
- ▶ Wellbeing Survey launched
- ▶ International Self-Care Day 2026
- ▶ Associate Instructors – Fitness vacancies
- ▶ Corporate eLearning

**** Please note that the above information should be shared with all staff on parade.**

Detailed information for each of these headlines can be found below.



Risk Critical / Operational

Driver training reminder

Following a rise in incidents involving the responding and positioning of vehicles over recent weeks, crew are reminded that:

Vehicle positioning

Under no circumstances should appliances be driven off road on to soft ground unless it is absolutely essential for the purpose of saving life (*SI0004 – Driving Service Vehicles*).

Where it is necessary to access an off-road location, Incident Commanders should consider a make-up for wildfire teams

Responding to incidents

As per EFAD training, when proceeding to an incident as a relief crew drivers should not use lights and sirens, as per training delivered to you by the Driver Training team.

Colin Wright

Group Manager – Learning and Development

Crews thanked for swift response to large fire at listed castle

The owners of the Grade II* listed castle in Armathwaite which was damaged in a large fire this week have thanked service staff for their efforts to extinguish the fire and try to save the property.

The service has been in attendance at the property south of Carlisle since Wednesday evening, first extinguishing the fire then continuing to monitor hotspots and beginning investigation work.

At the height of the response eight fire engines plus specialist assets were on scene, with up to 50 staff in attendance at any one time.

Crews will be visiting the village over this weekend to offer Safe and Well visits and provide community reassurance.

Cumbria supports Derbyshire in major wildfire response

Firefighters from Cumbria have supported Derbyshire Fire & Rescue Service with its response to a major wildfire incident at Tintwistle Moor this week.



Representation from stations including Appleby, Keswick, Millom, Sedbergh and Ulverston, as well as the Unimog, joined the efforts to tackle a significant fire. The support was requested via National Resilience.

We are so proud of our firefighters who have travelled for their efforts to support another service and bring this event to a safe conclusion.

Community Engagement Form

A reminder to all teams that the *Community Engagement Form* should be completed for all community engagement activities, events, interventions and initiatives delivered across the service.

Consistent use of the form ensures that community engagement activity is accurately captured, supports performance reporting, evidences our prevention work and helps demonstrate the impact of our engagement with local communities.

Please ensure forms are submitted promptly following each engagement activity.

Community Engagement Form (541)



Dean Readman

Station Manager (LCU 5 – Penrith and Prevention – Road Safety, Home Fire Safety)

Home Fire Safety Policy

The revised Home Fire Safety Policy has now been published and is available to all teams.

The policy provides a clear framework for the delivery of Home Fire Safety activity across the service, ensuring a consistent, time-sensitive and risk-based approach to home fire safety.

Teams involved in the delivery, management or support of home fire safety activities are encouraged to familiarise themselves with the policy to ensure compliance with service standards and procedures.

 **CFRS Home Fire Safety Policy.docx**

Dean Readman

Station Manager (LCU 5 – Penrith and Prevention – Road Safety, Home Fire Safety)

Cheshire FRS Operational Monthly Learning Brief – May 2026

Please be aware that these case studies are from other services and their policies and procedures will differ from Cumbria Fire & Rescue Service.

- ▶ Drone PDAs
- ▶ Cannabis extraction or “shatter” laboratories
- ▶ Appliance lockers at incidents
- ▶ Spare fire kit
- ▶ Rail incidents on JESIP app
- ▶ Management of incidents involving suspicious substances (MISS)
- ▶ SSRI audits process for SMs and SDMs

Incident case studies:

- ▶ The Station Shed fire – Bosley
- ▶ Ammonia leak – Birchwood
- ▶ Bariatric rescue – Ellesmere Port

Operational Guidance and Platforms App Updates

Operational Monthly Learning – MAY 2026 – Overview | Rise 360

Kasey Grainger

Station Manager – Operational Planning

Greater Manchester FRS Organisational Learning Brief – June 2026

Please be aware that these case studies are from other services and their policies and procedures will differ from Cumbria Fire & Rescue Service.

Please find a link below to GMFRS's Organisational Learning Brief for June 2026 covering the following topics:

- ▶ Su Matthews and the Culture and Inclusion Strategy
- ▶ Retrofitted hybrid battery incident
- ▶ Learning from recent incidents and assurance activity, Dremel Multi-Tool, Smart Rings
- ▶ Floating solar farm fire
- ▶ Bickershaw Illegal Waste Site: Recent Developments
- ▶ Operational Learning System (OLS) Submissions

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Kasey Grainger

Station Manager – Operational Planning

Greater Manchester FRS Organisational Learning Brief – May 2026

Please be aware that these case studies are from other services and their policies and procedures will differ from Cumbria Fire & Rescue Service.

Please find a link below to GMFRS's Organisational Learning Brief for May 2026 covering the following topics:

- ▶ EV Emergency Plugs: Purpose, Location, Operational Considerations
- ▶ Learning from Recent Incidents and Assurance Activity, Network Rail Rail SAFE Guidance in the JESIP App, Supporting Incident Command Decision-Making Through RICE
- ▶ Plant Machinery Fire in Standedge Tunnel: Access Challenges, Communications, Water Supplies, Cross-Border Working, Firefighter Welfare
- ▶ Operational Information System (OIS), The Importance of Accurate and Up-to-Date Records
- ▶ Middleton Road MTA Review Update
- ▶ Body Worn Video Cameras (BWVCs), Operational Learning System (OLS) Submissions

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Kasey Grainger

Station Manager – Operational Planning



Equality, Diversity and Inclusion

Wellbeing Survey launched – we want to hear from you!

Your wellbeing is important to us. By completing this survey, you'll help us better understand the challenges, barriers and opportunities that exist across CFRS. Your feedback will directly inform how we develop services, support and initiatives to create a more inclusive and supportive workplace.

The survey takes just a few minutes to complete and is open to all CFRS employees. Scan the QR code below to complete the survey or use the link:



Victoria Barnes

Resourcing, Talent and Wellbeing Lead

International Self-Care Day 2026

Today marks International Self-Care Day, a global awareness day dedicated to promoting the importance of looking after our physical, mental and emotional wellbeing every day of the year. The date, 24/7, was chosen to remind us that self-care should be practised 24 hours a day, seven days a week.

This year's theme from the Global Self-Care Federation is “Self-care at the forefront of prevention.”

The campaign highlights how simple daily choices can help prevent illness, improve quality of life and reduce pressure on healthcare services. From brushing your teeth and staying active to managing stress and getting enough sleep, many of the actions that keep us healthy happen long before we ever need medical treatment.

Many people believe self-care requires large amounts of time or money. In reality, some of the most effective self-care strategies are simple and free.

- ▶ Take a daily walk
 - ▶ Drink more water
 - ▶ Eat more fruit and vegetables
 - ▶ Prioritise sleep
 - ▶ Stay physically active
-
- ▶ Practise mindfulness
 - ▶ Read a book
 - ▶ Spend time outdoors
 - ▶ Take breaks from social media
 - ▶ Keep a journal
-
- ▶ Meet a friend for a coffee
 - ▶ Call a family member
 - ▶ Ask for support when needed
 - ▶ Check in with someone who may be struggling

This International Self-Care Day, take a moment to reflect on what helps you feel your best – and commit to making that a priority not just on 24 July, but every day of the year.

This is perhaps one of the best videos I've seen for a while which cuts through the fluff regarding exercise, health and wellbeing: [**The Exercise Happiness Paradox | Chris Wharton | TEDxSevenoaks - YouTube**](#)

Annie McInerney-Thompson

Recruitment, Fitness & Engagement Coordinator



Vacancies

Associate Instructors – Fitness

INTERNAL ONLY

Salary: £13.47 per hour

Locations: Countywide (with a focus on North and South Lakes)

Hours: Zero Hours (will include some evening work)

Contract: 12-month fixed term

Closing date: Sunday 26 July 2026, 11.59pm

Interviews: Monday 3 August 2026

For more information: [**CFRS0182 - Associate Instructors - Fitness \(Internal Only\)**](#)
[**Cumbria Fire & Rescue Service**](#)



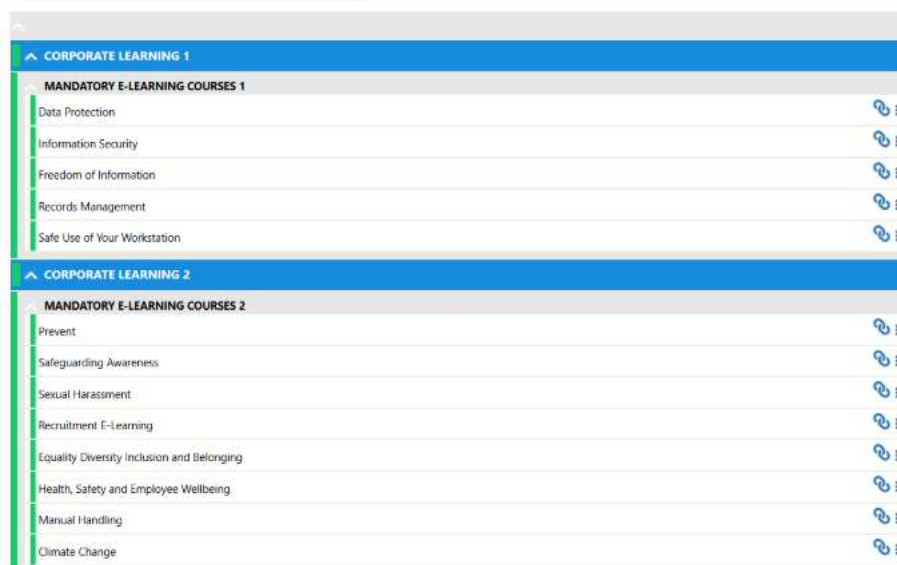
Other

Corporate eLearning

A reminder to all employees to keep your Corporate eLearning in date. Current completion rates across the organisation are shown below:



You can access the eLearning modules from your home screen on PDRpro:



Clicking the chain will open the link that take you to the eLearning module.

Colin Wright

Group Manager – Learning and Development

To have your news included in this section please email:

CFRS.update@cumbriafire.gov.uk

